



Celebrate Recovery Principle #1

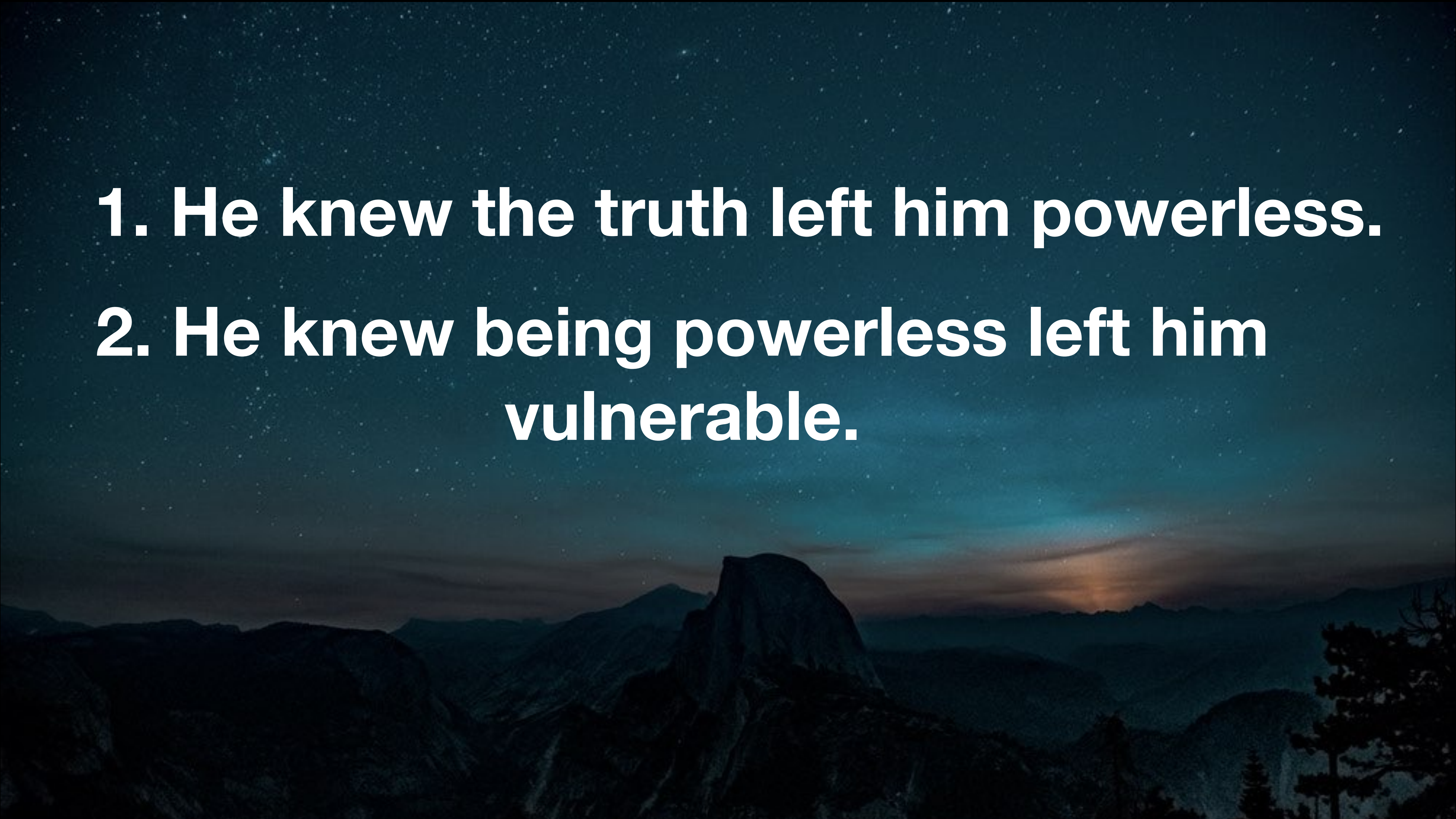
Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.



“She told me that the only way I could ever live with myself, and make up for what I had done...was to admit it, clearly, openly, truly. Suddenly I knew she was right. And this way, which seemed for so long the worst of all possible alternatives, suddenly became the only one.”



-Charles Van Doren

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- 1. He knew the truth left him powerless.**
- 2. He knew being powerless left him vulnerable.**

INSTAGRAM



REALITY





SOCIAL MEDIA VS. REAL LIFE







Genesis 32:22-32

That night Jacob got up and took his two wives, his two female servants and his eleven sons and crossed the ford of the Jabbok. After he had sent them across the stream, he sent over all his possessions. So Jacob was left alone, and a man wrestled with him till daybreak.

Genesis 32:22-32

When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man. The man said, "Let me go, for it is daybreak." But Jacob replied, "I will not let you go unless you bless me."

Genesis 32:22-32

The man asked him, “What is your name?”

“Jacob,” he answered.

The man said, “Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome.”

Genesis 32:22-32

Jacob said, “Please tell me your name.” But he replied, “Why do you ask my name?” Then he blessed him there. So Jacob called the place Peniel, saying, “It is because I saw God face to face, and yet my life was spared.” The sun rose above him as he passed Peniel, and he was limping because of his hip.

Pride

Only Ifs

Worrying

Escape

Resentments

Loneliness

Empytness

Selfishness

Separation

In what areas of your life and to whom TODAY will you admit your powerlessness as a humble step on your journey of healing, restoration and wholeness?

