

Regeneration

Justification

But to all who did receive him, who believed in his name, he gave the right to become children of God. -John 1:12

Sanctification

Glorification

Regeneration

Justification

Sanctification

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

-Galatians 2:20

Glorification



Shame is not primarily about what we have done.
Shame is more about **who** we believe we are
because of what we have done or because of
what may have been done to us.



“Shame is the intensely painful feeling or experience of believing that we are flawed and therefore unworthy of love and belonging. Shame is the fear of disconnection—it’s the fear that something we have done or failed to do, an ideal that we’ve not lived up to, or a goal that we’ve not accomplished makes us unworthy of connection. I’m not worthy or good enough for love, belonging or connection. I’m unlovable. I don’t belong.”

-Dr. Brené Brown, University of Houston

“...shame is more likely to cause destructive and hurtful behaviors than it is to open up solutions. When we’re filled with shame, we tend to engage in self-destructive behaviors such as addiction, aggression, depression, eating disorders and bullying.”

-Daniel Hill, White Awake



Jesus Heals a Woman and Jairus's Daughter

And when Jesus had crossed again in the boat to the other side, a great crowd gathered about him, and he was beside the sea. Then came one of the rulers of the synagogue, Jairus by name, and seeing him, he fell at his feet and implored him earnestly, saying, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well and live." And he went with him.

And a great crowd followed him and thronged about him. And there was a woman who had had a discharge of blood for twelve years, and who had suffered much under many physicians, and had spent all that she had, and was no better but grew worse. She had heard reports about Jesus and came up behind him in the crowd and touched his garment. For she said, "If I touch even his garments, I will be made well." And immediately the flow of blood dried up, and she felt in her body that she was healed of her disease.

And Jesus, perceiving in himself that power had gone out from him, immediately turned about in the crowd and said, "Who touched my garments?" And his disciples said to him, "You see the crowd pressing around you, and yet you say, 'Who touched me?'" And he looked around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling and fell down before him and told him the whole truth. And he said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

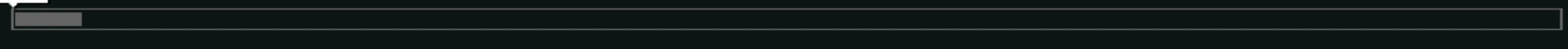
While he was still speaking, there came from the ruler's house some who said, "Your daughter is dead. Why trouble the Teacher any further?" But overhearing what they said, Jesus said to the ruler of the synagogue, "Do not fear, only believe." And he allowed no one to follow him except Peter and James and John the brother of James. They came to the house of the ruler of the synagogue, and Jesus saw a commotion, people weeping and wailing loudly. And when he had entered, he said to them, "Why are you making a commotion and weeping? The child is not dead but sleeping." And they laughed at him.

But he put them all outside and took the child's father and mother and those who were with him and went in where the child was. Taking her by the hand he said to her, "Talitha cumi," which means, "Little girl, I say to you, arise." And immediately the girl got up and began walking (for she was twelve years of age), and they were immediately overcome with amazement. And he strictly charged them that no one should know this, and told them to give her something to eat.

Mark 5:21-43 ESV



00:00



FREEDOM FROM HURTS, HABITS, AND HANG-UPS

CELEBRATE RECOVERY

It's a new day!



**King Street
Church**



CELEBRATE RECOVERY IS COMING!

Monday Nights, starting October 1
at Church (Baker Center Entrance) — 6:30-8:30 pm
Come at 5:45 pm to connect over refreshments!

Recovery is a Christ-centered healing and recovery ministry for anyone with a
addiction of any kind. We all have habits or hang-ups. Our symptoms may
e all in need of healing and community. Everyone is welcome; we strive to
create a safe and confidential environment.

6:30 pm - Large Group Meeting:

The large group meeting is a time of prayer,
worship, testimonies and teaching. We are
free to set aside our busyness and stress,
and connect with Jesus Christ.

7:30 pm - Open Share Small Groups:

The open share time provides a safe place
for participants to meet in gender-specific
and issue-specific groups to find support
and encouragement.

King Street Church is located at 162 E. King St, Chambersburg, PA.

Contact Adam Keath with questions: akeath@kschurch.org

LEARN MORE: www.kingstreetchurch.com/cr

Shame says...

You are weak.

~~You are weak.~~

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me

2 Corinthians 12:9

Shame says...

You are damaged.

You are  naged.

“A bruised reed he will not break, and a smoldering wick
he will not snuff out.”

Isaiah 42:3

Shame says...

You are ugly.

You are ugly.

“I praise you because I am fearfully and wonderfully made; your works are wonderful. I know that full well.

Psalm 139:14

Shame says...

You are broken.

You are broken.



“The Lord is close to the brokenhearted and save those
who are crushed in spirit.”

Psalm 34:18

Shame says...

You are unlovable.

You are ~~lovable~~.

“God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our sin, made us alive together with Christ—by grace you have been saved.”

Ephesians 2:4-5

Shame says...

You do not belong.

You do not belong.



“The spirit you received does not make you slaves, so that you live in fear again; rather the spirit you received brought about your adoption to sonship. And by him we cry, ‘Abba, Father.’ The spirit himself testifies with our spirit that we are God’s children.”

Romans 8:15-16



Our salvation does not only mean that something has been done for us, but also that something has been made foundationally new and true about us!